

GAS 16: Sabbath

Three topics in GAS: Keep Sabbath Holy; Attend Church; Sacrament

What is the Sabbath?

Day of “Rest”

Numbered Days vs. days of the gods of the visible heavens

Part of the Cosmic order of creation

Gen 2:3: And God **blessed** the **seventh day**, and **sanctified** (*qaddeš*) it: because that in it he had **rested** from all his work which God created and made.”

Imitation of God by keeping Sabbath

Keep the Sabbath Day Holy = “Sanctify the Day of Rest”

Exodus 20:8, “**Remember** (*zākôr*) the Sabbath day, to **keep it holy** (*qaddeš*).”

Exodus 31:14 = death for violating the Sabbath

Deuteronomy 5:12, “**Observe** (*šāmôr* = guard) the Sabbath day, to **keep it holy** (*qaddeš*), as the LORD your God commanded you.”

Nehemiah 13:22, “Then I commanded the **Levites** that they should **purify** themselves and come and **guard the gates** [of the temple], to **keep** (*qaddeš*) **the Sabbath day holy**.”

Negative vs. Positive?: what not to do vs. what to do

desecrating the Sabbath day in the pursuit of worldly pleasures, they will lose their faith; and the Spirit of our Heavenly Father will withdraw from them (GAS 171)

NT Sabbath

Sabbath = 7th day of the Week

Sunday = 1st Day/8th Day = Lord’s [Jesus’ Day] because of resurrection

Jewish Christians in Synagogue on Saturday, in Christian meetings on Sunday

Sacrament

What is the Sacrament?

Sacrament = that which is holy (*sacer*)

= **Sacrifice** = act of making holy

Sanctify the Sabbath = sacralize the Sabbath

Sacrament = what makes the Sabbath Day holy

eucharist = thanksgiving εὐχαριστήσας = give thanks, 1 Cor. 11:23

Truman Madsen, *The Sacrament: Feasting at the Lord's Table* (Amalphi, 2008)

Context

human food-sharing instinct

sharing food as kinship, guest

Sacrament = shared meal with God

Sacrament as token of the new covenant

All ancient covenants need a sacrifice (*berît*) and a sign (*'ôt*)

New Testament = **kainēs diathēkē** = New Covenant

Lk. 22:20, 1 Cor. 11:25

Heb. 8:8 translated as “new covenant”

• **Jer. 31:31-34** (*berît ḥadāšāh* = *kainēv diathēkēv*)

• **Heb. 9:15** “And for this cause he is the mediator of the **new testament**, that by means of death, for the redemption of the transgressions that were under the first testament, they which are called might receive the promise of eternal inheritance.”

Proto-Sacrament in the OT

Melchizedek (Gen. 14:18-20; •**Gen. 14:18**)

Abraham and the three angelic guests (Gen. 18)

Eating with God on Sinai (•**Ex. 24:9-11**)

Bread and Wine offerings

Meat offerings vs. Bread and wine offerings at the Temple

= drink offering (*nešek*) = Num. 15; Num. 28-29

= bread/grain (*minhāh*)

Special Sabbath sacrifices at temple = Sabbath was a temple ritual

•**Ex. 20:8-11** = only temple ritual required in ten commandments
based on created order of Gen.

Num 28:9-10 = double daily/*tamîd* (*tamîd*) sacrifice + Ezek. 46:4-5

And on the sabbath day two lambs of the first year without spot, and two tenth deals of flour for a **meat (grain/bread vs. flesh) offering**, mingled with oil, and the **drink offering** thereof: 10 This is the **burnt offering** of every sabbath, beside the continual burnt offering, and his **drink offering**.

1 Chr. 9:32 = 12 pieces of bread set out on Sabbath on the table

The Last Supper

= Passover sacrifice, = temple ritual eaten by people who bring the lamb

Passover Sacrifice as a temple pilgrimage & sacrifice

vs. Jewish Passover today

Matthew 26:26–28 + Mark 14:22–24

• **1 Corinthians 11:23-26**

• **Luke 22:19–20v**

3 Nephi 18:7, Christ implements Sacrament among Nephites

7 And this shall ye do in **remembrance** of my body, which I have shown unto you. And it shall be a **testimony** unto the Father that ye do always **remember** me. And if ye do always **remember** me ye shall have my Spirit to be with you.

DC 20:75-79 = Moroni 4-5

Bread = O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to **ble**ss and **sanctify** this bread to the souls of all those who partake of it; that they may eat in **remembrance** of the body of thy Son, and **witness** unto thee, O God, the Eternal Father, that they are willing to take upon them the name of thy Son, and always **remember** him, and keep his commandments which he hath given them, that they may **always have his Spirit to be with them**. Amen.

Wine = O God, the Eternal Father, we ask thee, in the name of thy Son, Jesus Christ, to **ble**ss and **sanctify** this wine to the souls of all those who drink of it, that they may do it in **remembrance** of the blood of thy Son, which was shed for them; that they may **witness** unto thee, O God, the Eternal Father, that they do always **remember** him, that they may have his Spirit to be with them. Amen.